

PARUL INSTITUTE OF AYURVED & RESEARCH

DAY CELEBRATION 2023

INTERNATIONAL WOMENS DAY

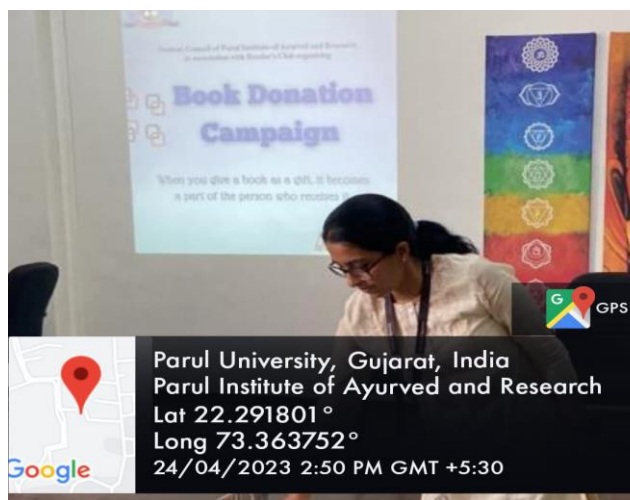
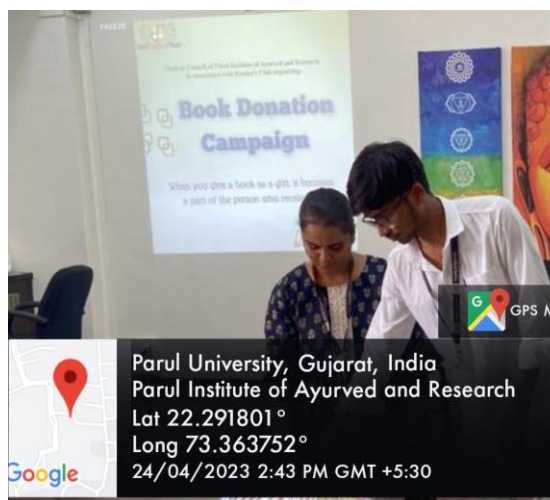
International Womens Day was observed on 10th March, 2023 by the WDC, Parul University & Parul Institute of Ayurved and Research for the faculties. Session was inaugurated by Lamp Lighting as a tribute to Indian culture and complete events were hosted by first year students Miss Pooja and Miss Kavya. Welcome address was given by Dr. B. G. Kulkarni, Principal, Parul Institute of Ayurved and research. Event was graced by Managing trustee, Dr. Komal Patel and University WDC President, Dr. Ruchi Shrivastav. Dr. Sharmila Bagchi was guest of honor on this occasion. She was felicitated with a shawl and a memento by the dignitaries present on the dais. Mrs. Bhakti vasava (Dispensary Staff), Mrs. Laxmiben Vasava (Panchakarma Technician)), Mrs Sonalben Padhiyar (Supportive hospital staff) Mrs Jyotsanaben (supportive Staff office), were identified and awarded them a certificate as token of appreciation on this occasion. Presidential address was delivered by Dr. Hemant Toshikhane, Dean, Faculty of Ayurved followed by Vote of thanks from WDC, Institute Coordinator Dr. Varshida Marwadi. On this occasion Poetry recitation competition was organized.



WORLD BOOK DAY

The event was inaugurated by honorable Principal, Dr. B G Kulkarni. Followed by other faculty members and students donated the book. World Book Day, also known as World Book and Copyright Day or International Day of the Book, is an annual event organized by the United Nations Educational, Scientific and Cultural Organization (UNESCO) to promote reading, publishing, and copyright. When you donate books, you are sharing knowledge, stories, and adventures, as well as encouraging thought and imagination. Donating books can lead to people

developing their communication skills by increasing their vocabularies and developing grammar and verbal skills.



WORLD ENVIRONMENT DAY

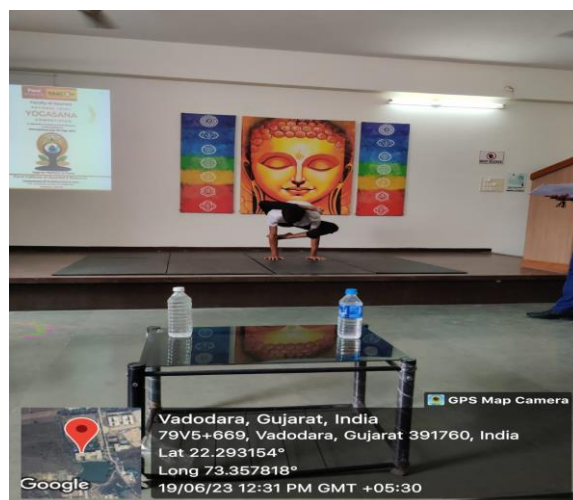
Department of Dravyaguna Vigyan celebrated the eve of World Environment Day 2023, by plantation of saplings of different medicinal plants on 05.06.2023. A Plantation programme was organized by Department of Dravyaguna Vigyan on the occasion of World Environment Day in Botanical Garden of Parul Institute of Ayurved and Research. Plantation was done by Principal Dr.B.G.Kulkarni Sir and all the 74 Faculty Members of Parul Institute of Ayurved and Research. Around 150+ Herbal Plants were Planted in pots and field of Botanical Garden during this Plantation Programme. All the faculties took Oath to save the environment by all the aspects.



INTERNATIONAL YOGA DAY

International Yoga Day was celebrated by the Department of Swasthavrutta on 13.06.2023, by conducting “National Level Traditional Yogasana Competition” and Live telecast of it. Marking International Yoga Day 2023, we hosted a rejuvenating celebration with diverse activities. Enthusiasts showcased their flexibility and poise in the Yogasana competition, while a Yogasana photography competition captured the artistry of these serene poses. The day also

featured a blissful yoga session following the official protocol, fostering holistic well-being and unity in our community.



NATIONAL DOCTORS DAY

Parul Institute of Ayurved and Research organized Doctor's Day Celebration on 03.07.2023 in association with Student Council. It serves as a platform to express gratitude and appreciation to the medical fraternity for their tireless efforts, dedication, and commitment to saving lives, promoting health, and providing medical care to individuals in need. National Doctor's Day serves as an occasion to raise awareness about medical issues.

Indoor games to play at work include activities that help bring teams' together and foster communication among employees. The purpose of these games is to improve collaboration among employees while boosting participant's moral. Faculties from different departments actively participated in the celebration.



CHARAKA JAYANTI

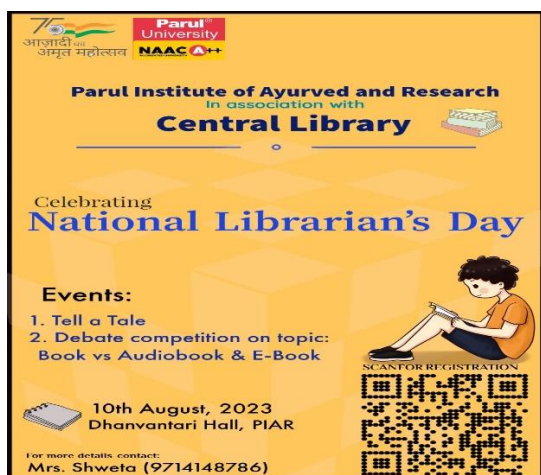
“Charaka Jayanti” was celebrated on 21.08.2023 by the Department of Ayurveda Samhita & Siddhanta. Department of Samhita Siddhanta had arranged Faculty development program especially for the teaching staff of Parul Institute of Ayurved and Research. Dr. Malhari Sirdeshpande is Principal and Director at Krishna Ayurved Medical College, Vadodara is well known academician and having expertise in the field of Samhita specially Charak Samhita had given a lecture on Hidden areas of Charak Samhita in Faculty Development Program on the occasion Charak Jayanti Celebration. Sir has explored many concepts from Jwara, Vatakalakaliya chapter such as Concept of Vata Vriddhi, Vata prakopa, Jwara Samprapti, Nava Jwara Chikitsa and its application etc.



NATIONAL LIBRARIANS' DAY

The 12th August is being celebrated as National Librarian's Day in remembrance of Dr S.R Ranganathan who has immense contribution in the field of Library and information science and known as the father of Library Science of India. Ranganathan was awarded Padma Shri for his valuable contributions to Library Science

Under the banner of 75th AZADI KA AMRUT MAHOTSAV- Parul Institute of Ayurved and Research organised National Librarian's Day Celebration on August 10, 2023. Program started on 10/8/2023 in afternoon with lamp lighting and Saraswati Vandana by Shweta Mahida. Program were inaugurated by Dr.Suwarna Meshram & Dr.Sariput Bhosikar Professor Dept of V.A & A.T., Mrs. Shweta had delivered a welcome speech and Dr.Suwarna Meshram Professor Dept of Dravyaguna, Parul Institute of Ayurved and Research gave a keynote address speech. Dr. Dhaval Bhatt inspired and educated the students for reading habit increases and how to use more resource form library. The judges for the competition were Dr. Varshida Marwadi, Asst. Professor Dept. of Kriya Sharira, Dr.Shivani Gavande Professor Dept. of Kayachikitsa. The program was concluded by vote of thanks by Shweta Mahida



TEACHERS DAY

Every year, we celebrate National Teachers' Day on 5th September to commemorate the birthday of Dr. Sarvepalli Radhakrishnan, the country's first Vice President and former President, scholar, philosopher, and Bharat Ratna awardee, who was born on this day in 1888. Teacher's Day is dedicated to the teachers of the nation and also the world. Teacher's Day is like an opportunity for us to show our gratitude towards our teachers. The celebration of National Teacher's Day was inaugurated by our respected Principal Dr. B. G. Kulkarni sir, and other dignitaries with the blessings of Lord Dhanvantari.

For the Teachers of Parul Institute of Ayurved and Research, 2 competitions were organised, Poetry Recitation Competition and Dance Competition.

With the principal sir's address speech, poetry recitation competition was started, followed by dance competition.



WORLD HEART DAY

World Heart Day celebration by Dept. of Roga Nidan & Vikrit Vigyan, PIAR organizing Poster Making Competition & Dance Competition on 28.09.2023. On account of World Heart Day,

Parul Institute of Ayurveda and research celebrated the same to create awareness and gain knowledge among students through the dance competition "CARDIO DANCECOMPETITION- SPIRIT IN MOTION".



NATIONAL AYURVEDA DAY

"In celebration of Ayurveda Day 2023, we organized impactful initiatives to promote holistic health. A medical camp and health awareness talk empowered the community, while Ishwarpura Anganwadi received nourishment through the distribution of wholesome millet halwa. Concurrently, we heightened nutritional awareness among college students and teachers, emphasizing the benefits of incorporating millets into their diets for a healthier lifestyle.



WORLD PILES DAY

World Piles Day was observed for generating awareness about the disease among the students as well as patients students from 22/11/2023 to 22/12/2023. The inauguration of the 1 month program was done on 22/11/2023. Free medical check-up of 30 patient done and surgery in

minimum expenditure was made available to the patients. Also free Ayurvedic medicine is distributed to the patients visiting the Khemdas Ayurved Hospital. Program started on 22/11/2023 in morning with lamp lighting and Dhanvantari Stavana.

Program were inaugurated by Hon. Principal Dr .B.G.Kulkarni gave a keynote address. The welcome speech is delivered by Dr Khemchandra Mahajan, Professor, and Department of Shayla Tantra PIAR. The program was concluded by vote of thanks by Dr.Gajiram Banothe.

